


November 2017

AR Dream Center is providing a free meal for anyone 18 and under.

Monday - Friday

Snack: 3:40-4:00 p.m. Supper: 4:00-4:30 p.m.

Mon	Tue	Wed	Thu	Fri	Sat
Hours of Operation M, T, Thu : 10 a.m. to 8 p.m. W, F, Sat : 10 a.m. to 6 p.m. Sun: Closed		1 Gamers' Den 4:00 p.m. Walking Group 5:00 p.m.	2 Walking Group 8:00 a.m.	3 Walking Group 5:00 p.m.	4
6 Walking Group 5:00 p.m.	7 Walking Group 8:00 a.m.	8 Gamers' Den 4:00 p.m. Walking Group 5:00 p.m.	9 Walking Group 8:00 a.m. Crafternoon 4:00 p.m.	10 Walking Group 5:00 p.m.	11
13 Walking Group 5:00 p.m.	14 Walking Group 8:00 a.m.	15 Gamers' Den 4:00 p.m. Walking Group 5:00 p.m.	16 Game and Puzzle Day 6:00 p.m. Walking Group 8:00 a.m.	17 Walking Group 5:00 p.m.	18
20 Walking Group 5:00 p.m.	21 Walking Group 8:00 a.m. Escape Room 4:30 p.m.	22 Gamers' Den 4:00 p.m. Walking Group 5:00 p.m.	23 Closed for Holiday	24 Closed for Holiday	25  CENTRAL ARKANSAS LIBRARY SYSTEM
27 Walking Group 5:00 p.m.	28 Walking Group 8:00 a.m.	29 Gamers' Den 4:00 p.m. Walking Group 5:00 p.m.	30 Recycled Craft 6:00 p.m. Walking Group 8:00 a.m.	Hours of Operation M, T, Thu : 10 a.m. to 8 p.m. W, F, Sat : 10 a.m. to 6 p.m. Sun: Closed	

Celebrate Games and Puzzles Day

Thursday, November 16

Time: 6:00 p.m.

Come out and celebrate Games and Puzzles Day with us. We will be bring out our family style board games and puzzles just for you.

Escape Room

Tuesday, November 21

Time: 4:30 p.m.

Ages 9+

Can you beat the clock and escape? Try this kid-friendly escape room full of puzzles to unlock.

Walking Group

Monday, Wednesday, Friday at 5:00 p.m.

Tuesday, Thursday at 8:00 a.m.

If you would like to join our group or have any questions, please call (501) 568-7494 or come to Dee Brown Library to sign up.

Eat Smart, Be Active: Food and Nutrition Classes

Tuesdays, October 3 - November 21

Time: The class at 5:00 p.m. will be in English.

The class at 6:00 p.m. will be in Spanish.

There are 8 sessions that include cooking demos, taste testings, take home recipes, door prizes, and fun! Graduation certificates will be given to those who attend all 8 sessions. Registration is required. Call (501) 568-7494, email jperren@cals.org, or come to Dee Brown Library to sign up.